

### 1. The Flying Doctor Dental Clinic, operated by the Royal Flying Doctor Service (RFDS) Victoria

The ADAVB is pleased to be a partner in this program, in collaboration with the RFDS Victoria and Dental Health Services Victoria. The Program provides teams of oral health practitioners and mobile equipment to deliver much-needed dental care to those living in remote areas of Victoria. These people would otherwise need to travel large distances to access dental care. See here for more information:

<https://www.flyingdoctor.org.au/vic/our-services/mobile-dental-care/>

### 2. Commitment to the Rethink Sugary Drink Campaign

On behalf of the ADA Inc., the ADAVB is pleased to support this Campaign to promote the reduced consumption of sugary drinks. See also: <http://www.rethinksugarydrink.org.au/>

### 3. Supporting the VicHealth H<sub>3</sub>O campaign

The H<sub>3</sub>O Challenge asks people to make a simple 30-day pledge to replace every sugary drink they would normally drink with water. See also: <http://h30challenge.com.au/>

### 4. Support for the Victorian LiveLighter Campaign

ADAVB is a strong supporter of the LiveLighter Victoria Campaign. Oral health is an important part of general health, and making healthy lifestyle choices contributes to both. Making the decisions to avoid frequent snacking and limit the consumption of sugary foods and drinks help people to protect their oral health and their general health. See also <https://livelighter.com.au/>

### 5. Support for the Yarra Valley Water 'Choose Tap' campaign

ADAVB is committed to improving Australian's oral and general health. For this reason, ADAVB supports Yarra Valley Water's 'Choose Tap' campaign because it educates the community about the benefits of drinking tap water as part of a healthy lifestyle. See also <http://choosetap.com.au/>

### 6. Dental Health Week

In August each year, the Federal ADA and Branches promote dental health through this initiative. The theme for 2016 was 'Women and Oral Health' see <http://www.dentalhealthweek.com.au/>  
The theme for 2017 was 'Oral Health for the busy lifestyle'. ADAVB is assisting by providing a Victorian spokesperson and promoting the campaign.

### 7. Presence at the Essential Baby and Toddler Show

Volunteer members of ADAVB attend the Melbourne show each year, to provide oral health advice to young families, see <http://www.babyandtoddlershow.com.au/>

### 8. Presence at the Diabetes Victoria Expo

Volunteer members of ADAVB have attended the Diabetes Expo to promote awareness about the link between diabetes and oral health, such as periodontal disease. See <http://campaign.diabetesvic.org.au/Expo>

### 9. Mouthguard Awareness

Volunteer members of ADAVB run a dental injury management workshop for sports trainers at Sports Medicine Australia each year, highlighting the importance of wearing mouthguards while playing contact sports, and how to manage dental injuries in the first instance.

### 10. Support for the eviDent Foundation

ADAVB supports the eviDent Foundation, which facilitates dental practice-based research in dental care and health promotion, see: <http://www.evident.net.au/>

### 11. Hosting of the National Dental Foundation (NDF)

The NDF is a charity that works with Victorian welfare agencies by recruiting volunteer dentists to provide care to patients who, although disadvantaged, find it difficult to access public dental care and would otherwise ‘fall through the cracks’. ADAVB provides in-kind support to the NDF through the provision of office space and use of facilities to the NDF’s Victorian administrator. We also offer our support to NDF projects. See <http://www.nationaldentalfoundation.org.au/>

### 12. Participation in Quit Victoria’s Smokefree Smiles pilot project

Quit Victoria’s Smokefree Smiles pilot project is developing a new smoking cessation framework for dental practices. The project aims to integrate an updated smoking cessation ‘brief intervention’ protocol within the existing flow of dental consultations. ADAVB is pleased to be a partner in this project, along with the Department of Health and Human Services, and Dental Health Services Victoria. Promotion. See <http://www.quit.org.au/resource-centre/training/oral-health-professionals>

### 13. Health Promoting Practices pilot project

This preventive health project developed and tested a pilot framework to assist health professionals, from all disciplines, to promote healthy lifestyle messages with their patients. The framework was tested in dental and physiotherapy practices. We conducted this project in partnership with the Australian Physiotherapy Association Victorian Branch, Dental Health Services Victoria and the Victorian Department of Health and Human Services. We invite you to visit the Health Promoting Practices website to learn more: [www.healthpromotingpractices.net](http://www.healthpromotingpractices.net). This project is listed as a key initiative of the Healthy Together Victoria – Action Plan for Oral Health Promotion 2013-2017<sup>1</sup>.

### 14. Victoria’s Aged Care Pilot Project

ADAVB was pleased to participate in this partnership project, which was funded by the Victorian Department of Health and Human Services and led by DHSV. The project delivered basic public dental care to eligible residents in pilot residential aged care facilities (RACFs). Where possible, dental services were provided at the RACF site, which removed a significant dental care access barrier for residents. The effectiveness and efficiency of this model of care is being evaluated, before considering expansion of the approach across Victoria. While this project targets treatment of RACF residents, it also promotes improved oral hygiene by residents, with assistance from RACF staff and others (e.g. family members).

### 15. Caring for Your Kids’ Teeth Facebook page

Tips on how to care for children’s teeth are posted on the page, as well as oral health campaigns and items of interest in the media. Content is aimed at parents with young children. The page currently has almost 2,000 likes. See <https://www.facebook.com/caringforkidsteeth>

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<sup>1</sup> State Government of Victoria, Department of Health Healthy Together Victoria Action Plan for Oral Health Promotion 2013-2017, available at [https://www2.health.vic.gov.au/getfile/?sc\\_itemid=%7bFEDC1CED-6205-45FE-993C-77473CB29ADE%7d&title=Action%20plan%20for%20oral%20health%20promotion%20-%202013-2017](https://www2.health.vic.gov.au/getfile/?sc_itemid=%7bFEDC1CED-6205-45FE-993C-77473CB29ADE%7d&title=Action%20plan%20for%20oral%20health%20promotion%20-%202013-2017)

### 16. Contribution of oral health content to the Better Health Channel website

ADAVB is a contributor of up-to-date oral health information for the public on the Better Health Channel website, see <http://www.betterhealth.vic.gov.au/>

### 17. Caring for Your Teeth resources

The ADAVB Oral Health Committee produces plain language fact sheets, aiming to improve the oral health of the general public and provide information regarding relevant, frequently discussed topics. These resources, including others such as posters can be found at: [oralhealtheducation.adavb.org](http://oralhealtheducation.adavb.org)

### 18. Oral health information for medical practitioners

Members of the ADAVB Oral Health Committee produce articles periodically for the AMA VicDoc journal, aiming to educate medical practitioners on how to manage oral health issues in the first instance and referral pathways. Other opportunities to do so occasionally arise, including attending medical students' conferences to participate in panel discussions regarding multidisciplinary management of patients.

### 19. Representation on Dental Health Services Victoria's (DHSV's) Population Oral Health Committee

ADAVB has two representatives on this Committee, which acts as both the Victorian Oral Health Promotion Advisory Group to the Victorian Government, and as an advisory committee to the DHSV Board. The Committee monitors the implementation of the Healthy Together Victoria – Action Plan for Oral Health Promotion 2013 – 2017.

### 20. Participation in the Department of Health's Water Fluoridation Program Reference Group

We support the Department's work on this important public health initiative and we assist the Department in communicating water fluoridation information to dentists. See also: <https://www2.health.vic.gov.au/public-health/water/water-fluoridation/>

### 21. Representation on DHSV's Healthy Families, Healthy Smiles Reference Group

A member of the Oral Health Committee represents ADAVB on the Reference Group, which oversees the [Healthy Families, Healthy Smiles](#) initiative. The initiative aims to improve the oral health of pregnant women and children aged 0-3 years through education via early childhood professionals.

### 22. The ADA Inc. is responsible for coordination of national health promotion and research activities

See <http://www.ada.org.au/>

### 23. Oral health fact sheets/webpages

See <http://www.ada.org.au/Your-Dental-Health/Home>

### 24. Facilitation of oral health talks

ADAVB coordinates dentist speakers for oral health talks to various community groups, predominately schools. PowerPoint presentations developed by the ADAVB Oral Health Committee are available for use.

Updated on 17 August 2017